

# WALMART Wednesday!



**Take advantage of Walmart's great winter deals!**

**Shop, Meet Up With Friends, Eat At Subway...**

**Or Just Browse Around!**

*We plan to spend approximately two hours in the store, so that everyone will have time to take care of their own shopping needs!*

*And what's better than going shopping with your friends?*

**Meet up with Recovery Center East!!**

*We will be leaving from the Synergy center, at*

**3:15 PM, Wednesday, December 6<sup>th</sup>**

*Or you can meet us there!*

ASSOCIATION FOR  
MENTAL HEALTH AND WELLNESS



*To Advocate. To Educate. To Empower. Together.*

**RSVP by contacting**

**Recovery Center**

**East at:**

**631-369-4418**

**Ext. 1901**

