

Beach Walk



Come join the **Recovery Center East** on a *beautiful walk along the beach*. Take time to relax and walk with friends. We will be leaving **Synergy Center** at **3:00pm** on **Thursday, June 21st**. It's the perfect time of year to take time out to appreciate the beaches here on long island.



ASSOCIATION FOR
MENTAL HEALTH AND WELLNESS



To Advocate. To Educate. To Empower. Together.

Please **RSVP** by calling
the **Recovery Center East**
at:

631-369-4418 ext.1901

